

ਵਿਸਾਖੀ ਫੈਸਟੀਵਲ ਟਰੈਕ ਐਂਡ ਫੀਲਡ ਮੀਟ

ਐਤਵਾਰ
15 ਅਪ੍ਰੈਲ 2018
ਸਵੇਰੇ 9 ਤੋਂ ਸ਼ਾਮ 4

ਸਥਾਨ:

ਰੇਟਰੀ ਸਟੇਡੀਅਮ,
ਐਬੋਟਸਫੋਰਡ, ਬੀ.ਸੀ.

ਮੁੱਖ ਵਿਸ਼ੇਸ਼ਤਾਵਾਂ

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*ਸਭ ਕਲੱਬਾਂ, ਵਿਅਕਤੀਆਂ ਅਤੇ ਪਰਿਵਾਰਾਂ
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*ਪਰਿਵਾਰਿਕ ਮੁਕਾਬਲੇ, ਦੇੜਾਂ ਅਤੇ ਰੱਸਾਕਸ਼ੀ
*ਸੱਭਿਆਚਾਰਕ ਪਹਿਰਾਵਾ, ਭੰਗੜਾ, ਗੜਕਾ ਅਤੇ
ਦਸਤਾਰਬੰਦੀ ਮੁਕਾਬਲੇ ਕਰਵਾਏ ਜਾਣਗੇ



ਮੁਫਤ ਐਂਟਰੀ
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Events-Tentative Schedule-Please Arrive Early

REGISTRATION ALERT: For insurance reasons, participants without a BC Athletics membership number must Pre-Register in TRACKIE BEFORE April 12, 2018 (Only BC Athletics Members can register on site the day of the meet). If you have any questions or require any help with the registration process, please contact Debbie Foote at debbieandabresia@hotmail.com

<p>Track Events : Youngest to Oldest and Female then Male</p> <p>9:00 am Coaches Meeting</p> <p>9:30 am 100m Hurdles Youth F only, 100m Special Olympics (SO), 110m Hurdles Youth M Only</p> <p>9:45 am 60m F Age 9 - 11 (2006 - 2008), 60m M Age 9-11 (2006 - 2008), 100m F Age 12 - Open (2005 & up), 100m Special Olympics (SO), 100m Age 12 - Open (2005 & up)</p> <p>10:00 am SP F Age 14 to Open (2003 & Up), SP SO LJ M Age 14 to Open (2003 & Up), HJ Age 14 to Open (2003 & Up)</p> <p>10:45 am Opening Ceremonies</p> <p>11:00 am 600m F Age 9 - 11 (2006 - 2008), 600m SO, 600m M Age 9 - 11 (2006 - 2008), 800m F Age 12 to Open (2005 & up), 800m M Age 12 to Open (2005 & Up), SP F Age 9 - 13 (2004 - 2008), LJ F Age 14 to Open (2003 & Up), HJ M Age 14 to Open (2003 & Up)</p> <p>11:45 am Kids Fun Race - 50m or less - Ages 8 and under - Parent Participation encouraged</p> <p>12:15 pm BC Athletics Officials - Lunch Break (Free Langar Food will be Served) SP M Age 9 - 13 (2004 - 2008), LJ M Age 9 - 13 (2004 - 2008), HJ F Age 9 - 13 (2004 - 2008), 200m F Age 11 (2006 only), 200m M Age 11 (2006 only), 300m F Age 12 - 15 (2005 - 2002), 400m F Age 16 to Open (2001 & Up), 400m M Age 16 to Open (2001 & up)</p> <p>1:00 pm Race Walk & Mini-Jav. Demonstrations, 1200m F Age 12 - 15 (2005 - 2002), 1200m M Age 12 - 15 (2005-2002), 1500m F Age 16 to Open (2001 & up), 1500m M Age 16 to Open (2001 & up), SP M Age 14 to Open (2003 & Up), LJ F Age 9 - 13 (2004 - 2008), HJ M Age 9-13 (2004 - 2008)</p> <p>1:45 pm *800m Exhibition Racewalk Event, Mini - Javelin Exhibition Event</p> <p>2:00 pm *Family 4 x 100 Relay (1 parent and 1 grandparent (if possible) per team</p> <p>2:30 pm Tug of War Competition (Families & Groups must Register By 1:00pm)</p> <p>3:30 pm Closing Ceremony, Bhangra, Dhol Competition & Clean up</p>	<p>Field Events : Jd's throws/Jumps 14 to Open 3 throws/ Jumps top 8 get 3 more</p>
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For More Info or Registration for Track & Field Events go to
WWW.VALLEYROYS.CA