

# Valley Royals Track & Field Club

Chicken, Beef, Seafood & MORE

## Fundraiser



**ORDER DEADLINE – Monday Sept. 24<sup>th</sup>, 2018**

**DELIVERY DATE – Thursday Oct. 4<sup>th</sup> at 5:15 p.m.  
@ Clearbrook Park**

**Sellers are responsible for their customers' orders**

**GLUTEN FREE  
Chicken Strips  
NOW  
AVAILABLE!**

**Pass this on to family and friends!!**

FROZEN PRODUCT

CASE SIZE

COST

**CHICKEN**

**Canada Grade A, from our Fraser Valley Farmers. Individually frozen, free run & hormone free.**

- |   |                 |                 |
|---|-----------------|-----------------|
| 1. <b>Chicken Breasts, boneless skinless</b> – Tender & juicy every time. Individually frozen, free run, and hormone free. Perfect for all of your chicken recipes. Our top seller! Seasoned.     | <b>4 kg.</b>    | <b>\$ 42.00</b> |
| 2. <b>Heritage Breasts, boneless skinless</b> – Specialty grain fed, all vegetable diet, free run, non-medicated (no antibiotics), and hormone free. Individually Quick Frozen. Seasoned.         | <b>4 kg.</b>    | <b>\$ 50.00</b> |
| 3. <b>Souvlaki Satays</b> – Chicken breast marinated in a Greek marinade & woven onto a wooden skewer. Serve with tzatziki dip & Greek salad. Packaged tightly, may need to gently separate.      | <b>2 kg.</b>    | <b>\$ 41.00</b> |
| 4. <b>Thighs, boneless skinless</b> – Fall in love with chicken thighs! They are more succulent and flavorful than chicken breasts. Your options with these are endless... switch things up!      | <b>2 kg.</b>    | <b>\$ 31.00</b> |
| 5. <b>Clucks Chicken Fingers</b> – These have become a fast favorite! Pre-browned, just bake or fry and serve with your favorite dipping sauce. Seasoned breading. Kid friendly!                  | <b>4 kg.</b>    | <b>\$ 40.00</b> |
| 6. <b>GLUTEN FREE Chicken Strips *NEW*</b> – Yum! These breaded chicken strips are tender on the inside & crispy on the outside! They are already getting rave reviews! Top quality!              | <b>2 kg.</b>    | <b>\$ 42.00</b> |
| 7. <b>Cordon Swiss 'Country Style'</b> – Breast meat hand rolled with Swiss cheese and smoked Ham and a crisp light breading. Makes a delicious but easy entrée. Oven ready.                      | <b>32/4 oz.</b> | <b>\$ 55.00</b> |
| 8. <b>Bacon Cheddar &amp; Chive Ala Cordon *NEW*</b> – Full muscle breast hand rolled around bacon & herbed white cheddar! A flavor combination that hits the spot! Light crisp breading.         | <b>12/6 oz.</b> | <b>\$ 43.00</b> |
| 9. <b>Chicken Parmesan 'Country Style' *NEW*</b> – Breast meat hand rolled around rich tomato sauce and a blend of mozzarella & parmesan cheese. Light crisp breading.                            | <b>18/4 oz.</b> | <b>\$ 38.00</b> |
| 10. <b>Crème Brie, Apple and Cranberry Cordon</b> – Chicken breast meat stuffed with crème brie, apples & cranberries. Light crisp breading. Impress your guests with this sweet & savory combo!  | <b>12/7 oz.</b> | <b>\$ 44.00</b> |
| 11. <b>Sea Salt &amp; Cracked Pepper Wings</b> – A crowd pleaser, just bake until crisp! Our favorite!  | <b>2 kg.</b>    | <b>\$ 34.00</b> |
| 12. <b>Honey Garlic Wings</b> – Fully cooked, lots of marinade. Packed with flavor! Simply delish!  | <b>2 kg.</b>    | <b>\$ 34.00</b> |
| 13. <b>Chicken and Turkey Breakfast Sausage</b> – A very lean and flavorful breakfast sausage. Packaged tightly, frozen in layers; liners between allow to be pulled apart. May appear frosty.    | <b>2.27 kg.</b> | <b>\$ 21.00</b> |
| 14. <b>Turkey Cordon with Sage &amp; Cranberry Stuffing</b> - Turkey dark meat hand rolled around savory stuffing. Light crisp breading. Thanksgiving dinner doesn't get easier!                  | <b>12/6 oz.</b> | <b>\$ 37.00</b> |
| 15. <b>Ground Turkey, Lean</b> – Make a heart healthy choice! Great for burgers, spaghetti, tacos, turkey chili and more! Your options are endless! Comes packaged in 1 pound chubs.              | <b>8/1 lb.</b>  | <b>\$ 29.00</b> |
| 16. <b>Turkey Breast Fillets</b> – The tenderloin of the turkey! Low stress, High Flavor! Try these oven roasted or use your Instant Pot, you're going to love them! Seasoned, boneless skinless. | <b>2 kg.</b>    | <b>\$ 22.00</b> |

**Please circle items ordered on this sheet and keep for your records.**

INGREDIENT LISTS AND NUTRITIONAL INFO AVAILABLE ON OUR WEBSITE [www.neufeldfarms.ca/fundraising](http://www.neufeldfarms.ca/fundraising)

**AAA BEEF, PORK, SEAFOOD, & APPETIZERS**

Handpicked for quality &amp; price

- |   |                  |                 |
|---|------------------|-----------------|
| <b>17. N.Y. Striploin Steaks</b> – There's nothing better than a delicious, juicy, mouth-watering steak! Sear these on the grill and sprinkle with Montreal Steak Spice!                                  | <b>9/8 oz.</b>   | <b>\$ 57.00</b> |
| <b>18. Garlic and Herb Butterflied Shrimp</b> – Jumbo shell on shrimp marinated in garlic & herb butter. Serve an elegant meal in minutes, just sauté, broil, or grill! 26-30 shrimp per package.         | <b>908 gr.</b>   | <b>\$ 30.00</b> |
| <b>19. Bacon Wrapped Tenderloin</b> – Perfectly aged and wrapped in smoky bacon!  | <b>8/6 oz.</b>   | <b>\$ 48.00</b> |
| <b>20. Sirloin Beef Burgers</b> - These gourmet burgers are tasty and juicy!! Definitely a cut above!!  | <b>24/5 oz.</b>  | <b>\$ 37.00</b> |
| <b>21. Shaved Prime Rib</b> – Just thaw & simmer in beef jus (not included) and serve on a crusty roll for a deliciously tender beef dip! Stir fry with peppers for a Philly Cheesesteak. Yum!            | <b>12/5 oz.</b>  | <b>\$ 44.00</b> |
| <b>22. Farmer Sausage</b> – This pork sausage is so flavorful! Bake, grill or fry and serve with salad and broccoli or with Perogies! Great in casseroles or on your Sunday morning breakfast menu!       | <b>4 kg.</b>     | <b>\$ 50.00</b> |
| <b>23. Cheddar &amp; Chive Crusted Cod</b> – A natural cut of moist and flaky cod fillet, top crusted with potato, cheddar cheese & chives for added crunch. A delicious way to add fish to your menu.    | <b>8/5.5 oz.</b> | <b>\$32.00</b>  |
| <b>24. Lean Ground Beef</b> – Top quality, and packaged in 1 pound chubs. Easy to use!  | <b>10/1 lbs.</b> | <b>\$ 41.00</b> |
| <b>25. Seasoned Beef Meatballs</b> – Fully cooked 1/2 oz. beef meatballs, lightly seasoned with parsley, onion and garlic powder. Serve as an appetizer or with your favorite pasta & sauce.              | <b>2.27 kg.</b>  | <b>\$ 31.00</b> |
| <b>26. Teriyaki Angus Sirloin Steak</b> – Marinated in authentic teriyaki sauce. No prep required!  | <b>8/5 oz.</b>   | <b>\$ 40.00</b> |
| <b>27. Wild Sockeye Salmon Fillets</b> – From the icy waters of Alaska. Skin on, 6oz perfect portions.  | <b>8/6 oz.</b>   | <b>\$ 41.00</b> |
| <b>28. Gourmet Halibut Burger</b> – These are the top of the seafood burger line! Ocean Wise natural Wild Alaskan Halibut full muscle burger. Lightly seasoned panko breading for a crisp finish.         | <b>8/4.5 oz.</b> | <b>\$ 34.00</b> |
| <b>29. Veal Cutlets-</b> Fork tender veal, coated in savory breadcrumbs. Oven ready for an easy dinner. Awesome with a mushroom gravy or in your veal parmigiana with spaghetti!                          | <b>16/4 oz.</b>  | <b>\$ 32.00</b> |
| <b>30. Pork Chops</b> – Pork is delicious and nutritious and one of the most popular proteins!! Fancy them up or just Shake 'n Bake, but remember to put some B.C. pork on your fork!!                    | <b>16/5 oz.</b>  | <b>\$ 33.00</b> |
| <b>31. Bacon, fully cooked</b> – 100 Individual slices of ready to eat bacon. Never fry bacon again!  | <b>100 pcs.</b>  | <b>\$ 27.00</b> |
| <b>32. Maple Pork Breakfast Sausage</b> – A juicy breakfast sausage with a hint of maple. Perfect for breakfast, lunch or dinner! The kids love these! Natural pork casing. 55 sausages                   | <b>2.27 kg.</b>  | <b>\$ 24.00</b> |
| <b>33. Baby Back Ribs</b> – Try the recipe included for 'fall off the bone' tender barbecue pork ribs. Bake low & slow for 4 hours, add BBQ sauce and finish on the grill or under the broiler. 6-7 racks | <b>3.2 kg.</b>   | <b>\$ 43.00</b> |
| <b>34. Mini Potato and Cheddar Perogies</b> – These make a great addition to your appetizer menu. Serve with sautéed onions, bacon & sour cream. Or enjoy on Perogie night with farmer sausage!           | <b>2/1.8 kg.</b> | <b>\$ 22.00</b> |
| <b>35. Angus Beef Mini Burgers</b> – These slider mini burgers will be the life of the party! Super fun, super flavorful! The perfect size for dinner rolls! Make a platter and watch them disappear!     | <b>40/2 oz.</b>  | <b>\$ 31.00</b> |
| <b>36. Lobster Cakes</b> – Taste the delicate sweet flavor of North American Cold Water Lobster in these gourmet homestyle seafood cakes. A tasty appetizer or serve with a salad for a light lunch.      | <b>13/3 oz.</b>  | <b>\$ 33.00</b> |
| <b>37. Mini Vegetable Spring Rolls</b> – Just bake in the oven until light and crispy, and serve with Thai Chili sauce. An excellent addition to your appetizer menu! The best Spring Rolls around!!      | <b>40 pcs.</b>   | <b>\$ 25.00</b> |

**QUICK, DELICIOUS & ALL LOCALLY MADE**

Because We Love to Support Local!!

- |   |                   |                 |
|---|-------------------|-----------------|
| <b>38. Traditional Shepherd's Pie</b> – Homemade goodness!! Made with beef, veggies and gravy topped with buttery mashed potatoes and cheddar cheese. Comfort food!                           | <b>4/850 gr.</b>  | <b>\$ 42.00</b> |
| <b>39. Helmi's Premium Homemade Perogies</b> – 2 bags of potato, cheddar cheese & onion, and 2 bags potato, bacon and onion. 2 dozen per 1 kg bag. (Serve with #22 Farmer sausage)            | <b>4/1 kg.</b>    | <b>\$ 32.00</b> |
| <b>40. Pizza Variety Pack</b> - Individual 6 inch pizzas. 6 pepperoni, 6 ham and pineapple, 6 cheese. Hand stretched dough and 100% real cheeses.   | <b>18/6 inch</b>  | <b>\$ 36.00</b> |
| <b>41. Pepperoni &amp; Cheddar Bread Sticks</b> –Pepperoni wrapped in soft dough with cheddar & 100% pure Parmesan Cheese. Great for school lunches or after school snacks.                   | <b>48/4 inch</b>  | <b>\$ 40.00</b> |
| <b>42. Breakfast Burrito</b> – A hearty burrito filled with scrambled eggs, bacon, veggies, cheese, And ham. Microwave or bake for breakfast on the go! Early morning Hockey just got easier! | <b>16/135 gr.</b> | <b>\$ 35.00</b> |
| <b>43. Chicken Pot Pies</b> - Chicken, potatoes, veggies and gravy in a gourmet crust. So good!   | <b>12/4 inch</b>  | <b>\$ 33.00</b> |
| <b>44. Pepperoni &amp; Sausage Calzones *NEW*</b> - Pizza crust filled with tomato sauce, Italian sausage, pepperoni, four cheeses, and pizza sauce folded over to make an 8 inch pocket.     | <b>12/8 inch</b>  | <b>\$ 36.00</b> |
| <b>45. Meat Lasagna with 4 Cheeses</b> – Fresh pasta layered with meat sauce, mozzarella, cottage, romano, and parmesan cheeses! Individual serving size. Kid friendly and filling too!       | <b>8/330 gr.</b>  | <b>\$ 28.00</b> |
| <b>46. Beef Teriyaki Bowls *NEW*</b> - Sweet Teriyaki and tender beef with broccoli, peppers and carrots, over steamed long grain rice. So much flavor! Microwavable, Individual Servings.    | <b>12/225 gr.</b> | <b>\$ 32.00</b> |

**Please circle items ordered on this sheet and keep for your records.**INGREDIENT LISTS AND NUTRITIONAL INFO AVAILABLE ON OUR WEBSITE [www.neufeldfarms.ca/fundraising](http://www.neufeldfarms.ca/fundraising)

