



Valley Royals Track and Field Club

Athlete Code of Conductⁱ

Valley Royals athletes will be expected to conduct themselves as ambassadors for the club and their sport, always demonstrating good sportsmanship, a positive attitude, respect for their coaches, teammates, competitors, parents, volunteers and officials. Athletes are expected to train and compete in the spirit of fair play. Senior Valley Royals athletes are expected to set a positive example for the junior athletes both on and off the field of play through their work ethic, words and actions.

In registering as an Athlete member (all types) with BC Athletics and within the context of the activities of Athletics an individual agrees to take part in a spirit of fair play, honesty and within the rules and regulations of BC Athletics, Athletics Canada and World Athletics. As such, the Athlete member is expected to:

1. Compete/participate in a spirit of fair play and honesty;
2. Compete/participate within the rules of Athletics;
3. Avoid the use, advocating, condoning, promotion and distribution of banned substances, cases and methods as outlined in the handbook on Drug Classification published by the Canadian Centre for Ethics in Sport;
4. Refrain from using tobacco, recreational marijuana or vaping products at training practices and competitions within the competition arena and/or competition area;
5. Refrain from using alcohol at Athletics and other sport activities or in victory celebrations at a/the competition site while representing the Valley Royals Track and Field Club;
6. As in #5 if of legal age consume these products responsibly in association with BC Athletics social events;
7. Follow the BC Athletics policyⁱⁱ with respect to the use and misuse of alcohol and non-prescription drugs by any athlete while a member of a BC Athletics team in a competition setting in Canada or elsewhere under the age of 19 irrespective of any other legal requirements.

This policy also applies to all BC Athletics team members including team staff and coaches while involved in a competition setting specifically for Junior and/or Youth athletes regardless of the team member's age

9. Refrain from using profane, insulting, harassing or otherwise offensive language in the context of the activities of Athletics;
10. Address fellow athletes, coaches, officials, volunteers, event organizers, spectators and others associated with Athletics in a courteous and respectful manner;
12. Act in a manner that will bring credit to the Athletics Community and yourself, both within and outside the competition arena and/or competition area;
13. Respect an individuals' dignity; verbal or physical behaviors that constitute harassment or abuse are unacceptableⁱⁱⁱ. (

14. Ensure the safety of others when taking part in your Athletics activity. Individuals registering as Athlete members of the Valley Royals Track and Field Club and as members of BC Athletics are advised that by doing so they are agreeing to adhere to this and other policies, rules, regulations, by-laws and constitution of BC Athletics, Athletics Canada and World Athletics.

If a Valley Royals Athlete is selected to a BC Team, expectations are as follows:

BC Team Members: In addition to those listed above, athletes selected to BC Teams are as a result of accepting selection and in the context of the Athletes Code of Conduct, expected to:

1. Conduct themselves in a positive and supportive manner;
2. Follow the rules of the Organizing Committee of the competition/activity;
3. Meet at the Team assembly points on time and attend all team meetings;
4. Abide by the laws of the city, province and those of Canada or the country in which the competition is taking place;
5. Join the Team fit, ready, able and willing to compete in the events selected to unless otherwise agreed to by the Head Coach in consultation with the Event Coach and the athlete concerned;
6. Compete in the BC Team uniform provided;
7. Travel in the BC Team Travel Uniform if such a uniform is provided or, shall be comfortably and suitably attired for travelling as per the direction of the Team BC Head Coach or Team management;
8. During a BC Team event, respect quiet hours between 22:00hrs [10 o'clock p.m.] and 10:00 hrs [10 o'clock a.m.].
9. Adhere to the policy on alcohol and other non-prescription drugs;
10. Be responsible for all their personal items, i.e. identification, passports, personal electronic devices if required, and any other equipment.
11. In the case of any dispute regarding this policy or the terms of which, or any disciplinary default whereby an athlete acts outside this code the dispute will be brought to the attention of the Valley Royals Track and Field Club Board of Directors with the intent to be resolved amicably at the discretion of the Board.

ⁱ Adapted from the B.C. Athletics Code of Conduct used with permission

ⁱⁱ <https://www.bcatletics.org/Content/bc-athletics-codes-of-conduct/25/>

ⁱⁱⁱ BC Athletics Harassment Policy) 6/15/2015 <https://www.bcatletics.org/Content/bc-athletics-policy-on-harassment-abridged/26/>

References: viaSport #Erasebullying; <https://athletics.ca/safesport/>; <https://www.coach.ca/responsible-coaching-movement-s17179>; <https://www.viasport.ca/inclusion>