

# REVISED Schedule for Jennifer Rogers Swan 2021

Friday, April 16th & Saturday, April 17th, 2021

Valley Royals, Abbotsford

This is a Sanctioned Event for In-Club Youth Performance Trials - Results are Official

Friday PM	Track	Throws	Jumps	Volunteers
3:00	<b>SPECTATORS NOT PERMITTED IN THROWS ZONE OR POLE VAULT ZONE</b>	Signs & Flagging	Signs & Delineators	<b>Set Up Crew</b>
4:00		<b>Hammer</b>	<b>Pole Vault</b>	<i>Safety Check-In &amp; Touchpoint Cleaning</i>
5:00		M&F U16 to U22	M& F U22 & under	<i>First Aid</i>
6:00		<b>Discus</b>	Take Down	<i>Registration</i>
		M&F U16 to U22		<b>Take Down Crew</b>
		Take Down		

## SPECTATORS NOT PERMITTED ON ROTARY STADIUM GROUNDS ON SATURDAY

SET UP				
8:00	Signs	Signs & Flagging	Signs & Delineators	<b>Set Up Crew</b>
Saturday	TRACK	Shot Put Area	LONG JUMP	Volunteers
9:00	1500 m U22, U20, U18	<b>Warm Up Zone for Track Athletes</b>	9:00 Age 9	<i>Safety Check-In</i>
9:10	1200 m U14, U16		9:45 U16, U18, U20, U22	<i>Touchpoint Cleaning</i>
9:40	1000 m Age 9, 10, 11			<i>JD Hosts</i>
10:00	<b>10-11 AM GENERAL SANITIZING BREAK</b>		10:30 Age 10, 11	<i>Long Jump Raking</i>
10:30				<i>First Aid</i>
11:00	100 m U16,U18,U20,U22	<b>Warm Up Zone for Track Athletes</b>	<b>11:15 -12:15 AM GENERAL SANITIZING</b>	
11:10	100 m Age U14			
11:25	100 m Age 11			
11:35	100 m Age 10			
11:45	100 m Age 9			
12:00	<b>12-1 PM GENERAL SANITIZING BREAK</b>		12: 15 U14	<i>Sanitizer Sprayers</i>
12:15				<i>Starters</i>
1:00	400 m U18, U20, U22	<b>Warm Up Zone for Track Athletes</b>	Take Down	<i>Umpires</i>
1:15	300 m U16		<i>Exit Security</i>	
1:25	300 m U14		<b>Take Down Crew</b>	
1:45	Take Down			

Thanks for participating! If everyone could put litter in the trash cans provided that would be great!

Athlete Age is as of the end of this calendar year (how old you will turn on your Birthday this year)

### Age Categories for JDs

- 9 Age 9
- 10 Age 10
- 11 Age 11
- U14 Age 12 & 13

### Age Categories for Youth

- U16 Age 14 & 15
- U18 Age 16 & 17
- U20 Age 18 & 19
- U22 Age 20 & 21

Track events will be run as stated for age, first girls then boys

Genders and Ages may be combined when space/lanes allows (Results separated out by Age Category)