



**BCJD ZONE 3 AND 4 CHALLENGE
HOSTED BY VALLEY ROYALS TRACK AND FIELD CLUB
Saturday July 17, 2021**

Events: 100m, Sprint Hurdles, 600/800m, Long Jump, Shot Put, Discus, High Jump AND End of Day Fun

Freezie Pop Race – See details in schedule below

Age

Categories: U10 – 9 year old (Born 2012)
U12 – 10 and 11 year old (Born 2011 and 2010)
U14 – 12 and 13 year old (Born 2009 and 2008)

Location: Rotary Stadium – 32470 Haida Drive, Abbotsford, BC

SCHEDULE See Attached – Races will be run YOUNGEST TO OLDEST

Registration: Link to Trackie registration will be posted on Valley Royals and BC Athletics website
<https://www.bcathletics.org/> and <https://valleyroyals.ca/>

Entry Deadline is NOON July 15, 2021. – NO LATE ENTRIES ALLOWED

Entry Fee: \$10 per event.
Please note that BC Athletics is allowing both competitive and training members to enter this event.

GENERAL INFO

Please note that awards will not be given out, however, BC Athletics will be taking note of performances and will have fun prizes for certain performances.

Marshalling for Track events will be in the North End of the Grand Stands

Marshalling for Field events will be at the event site

Meet Director – Trevor Wight

Meet Organizers – Naomi Booth, Christa McCauly and Paul Trustham

If you have not done so already, get connected with the club on:

Instagram

<https://www.instagram.com/valleyroyals/>

Facebook

<https://www.facebook.com/ValleyRoyalsTrackAndFieldClub>



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SCHEDULE

<p><u>TRACK</u> (Track Events will be run Youngest to oldest)</p> <p>9:00AM 60m Hurdles M/F 10:00AM 80m Hurdles M/F 10:45AM 600m 11:45AM 800m 12:00PM 100m</p> <p>1:00PM Freezie Fun Relay Race - this event is not in Trackie, we ask you please sign in with Marshalling no later than NOON -mixed ages/genders/clubs are encouraged</p> <p><u>FIELD</u> Age Groups in Field Events are combined but will be scored separately. Implement weigh in is 8AM in the tall shed at the South end of track</p>	<p><u>FIELD</u></p> <p>HIGH JUMP 9:00AM U14 Male/Female 11:00AM U10, U12 Male/Female</p> <p>SHOT PUT 9:00AM U14 Female 10:00AM U10 Female 11:00AM U12 Female 12:00PM U12 Male 1:00PM U10 Male 2:00PM U14 Male</p> <p>LONG JUMP 9:00AM U10 Male Pit A 9:00AM U10 Female Pit B 11:00AM U12 Male Pit A 11:00AM U12 Female Pit B 1:00PM U14 Male Pit A 1:00PM U14 Female Pit B</p> <p>DISCUS 10:00AM U12 Male 11:00AM U14 Male 12:00PM U14 Female 1:00PM U12 Female</p>
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